

# GUIDED by BABY ~ Infant Must Haves

**Guided by Baby 'Infant Must Haves'** has been created to help you make informed decisions when thinking about what your baby might need during the precious first months of life.

The Infant Montessori home is essentially very simple, free of clutter and of any type of constraints or containers for babies, to allow for freedom of movement.

There are a multitude of items marketed to modern parents. Most of the baby items are truly unnecessary. This short list will set you on the right path to creating a nurturing, loving home for your child.

**We are here to support you as you embark on your parenting journey.**



© Le Coin Montessori



© Topponcino n More



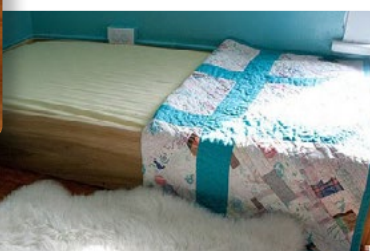
## **Topponcino**

**covers:** these are used to cover the Topponcino and can be washed as needed. It is best to have a few in advance, preferably made of natural, organic cotton. These can also be made or bought.



© Turn a new leaf

© mybitofearth.net



**Topponcino:** also known as a security pillow, this is used at the very beginning to assist the newborn with transitions, and to help those who may not be comfortable holding a newborn. These can either be made or bought.



© Halo Sleep

**A sleep sack:** is ideal to keep your children warm at night without having to over dress them or use blankets, while giving them the opportunity to move their limbs freely.

*"The child has other powers than ours, and the creation he achieves is no small one; it is everything."*

Dr. Maria Montessori



## **Forward facing changing**

**table:** it is important to consider the orientation of the changing table, when caring for a young child. Standing with the child's feet towards you helps your baby look at you fully as you engage her in meaningful self-care activities.



© Stokke

**Montessori mobiles:**

are used to help the child develop their visual sense; they are introduced one by one as early as two-weeks of age, in a logical sequence. They can be purchased or made while parents are nesting.



© Bella's Casa



© How We Montessori

**A low shelf:** to help the child have a sense of order from the very beginning, placing only a few toys organized in baskets or lovely wooden trays/bowls. The low shelf can be made or bought.



© Discount School Supply



© Susan Stephenson

**Mirror and bar:** The mirror is used at the very beginning in the movement area, not near the floor bed. The bar will be used when your child can sit on his or her own to encourage standing on two feet. This can be made or purchased as a kit.



**Natural toys:** simple yet full of sensory information, natural made toys are preferable to any battery-operated, plastic toys.



© Pinkhouse

**Outdoor blanket:**

is ideal to bring anywhere so your baby can observe the natural world. Since it is waterproof, portable and washable, it's ideal for any situation.



© Tuffo



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**Adaptable chair:** a chair that will grow with your baby is essential to include your child at the family table from the start, as soon as sitting unsupported has been independently achieved.